

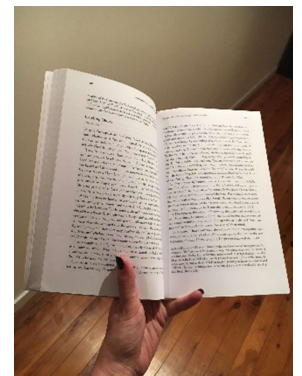
5 things you can do in between Paranormal Investigations

1) Find a book, journal or articles to read

Is there a book you've been hoping to have the time to read? Seen something someone mentioned online or someone recommended something they thought was really helpful? Well... now is your chance!

With thousands and thousands of books available, there is no shortage of things to read. Paranormal Research papers can be a little more "wordy" but still worth the effort.

Still find yourself a bit put off by the format? Why not spend a few hours when reading it and re-write it in your own words. That way if you need to refer back you don't feel you have to go into the matrix to re-understand the content.



2) Go location "scouting"

Not scouting as in the girl guides kind, but head out with a friend and look for locations that you could possibly investigate.

How on earth would you know if a location or venue was haunted or not?

2 ways:

- 1) Research beforehand. Internet is your best buddy.
- 2) Ask. Yep, ask. Find out from people you work with, friends, family, the postman.

You can even pick an area of the location you live in and drive around. Are there places that you get a certain "feel" about or maybe it has a significant history? Go into the location (if it's a public one) and ask the staff if they have had any paranormal experiences.

Many a team and paranormal investigator has gained access to a location by doing this.

3) Pick a topic

If you have a weekend, a few days or even just one day where you are thinking about what you can do about the paranormal, then pick a topic.

Yep, find a topic that fascinates you or that you are un-familiar about that you may have come across somewhere.

Really new to all of this? That's fine. Here an initial a list of different topics considered paranormal you can look through

http://www.paranormality.com/alphabetical_index.shtml

After a while when you start investigating more, you will probably start looking at topics such as effects of high EMF to Telekinesis.

Whatever topic it is, find info on it and learn what you can.



4) Plan experiments

What the? Yes, plan some experiments.

Think back to anything you have experienced while investigating. Was there a time where you felt static or goosebumps? Or was it hearing a voice in a room that you weren't in?

Think back to those times and see if there could be any way to replicate it.

If it was hearing a voice in another room, research sounds that are common to the human brain. Grab a friend have them stand in another room and test out how loud they are to speak until you can hear them.

If it was the static/goosebump sensation, research if there are natural explanations that can cause something like that to happen sporadically.

Your choices are endless.

And it's really good practice to try and debunk your own experiences. This goes further to helping you work out what may actually be something paranormal.



5) Plan your next paranormal event

Even if you have a private/residential case coming up or know when you are having your next public paranormal investigation, have a look and see what's coming up. It can be months and months away but slotting in more investigations to attend over the year helps you plan better for the times where you don't have anything on.

